

Kristen Dajia



Ontario Teacher - YCDSB 1988 - present

Board of Directors Throwers Club Toronto

Board of Governors Aurora Sports Hall of Fame 2013 - present

Throws Tie-down crew - Invictus Games 2017

Track and Field Stadium Crew - Pan Am/ParaPan Am Games 2015

NCCWMA 2017 - Throws Pentathlon Champion

W54 Canadian Record holder - hammer throw, weight throw, throws pentathlon