

Gary Westgate



Gary began his running career with the Toronto Olympic Club back in the hay-day of distance running in Toronto, 80's through to the 90's. He had some successes on the roads and XC, representing Canada from World XC, to Pan-Am and qualifying for the 1992 Olympics. (Unable to compete due to a torn Achilles tendon). He came back to the spot in the mid 2000's as a coach - arguably the most rewarding aspect of his involvement in athletics. Today he's entering his 2nd year of his own club: Toronto West Athletics. Professionally, he has worked as a creative director for a variety of Advertising agencies in Canada and the US for the past 2+ decades - having produced several award winning campaigns for world class brands along the way. He's thrilled to be involved in the World Masters 2020 championship as the Cross Country race director.